

TRANSITION TO ADULTHOOD

Transition Planning

- Think big picture-what does your child want to do after high school
- IEP team develops a transition plan, ensure goals are meaningful
- Find out what pre-employment services your school offers
- Consider including health related goals in the IEP
- Encourage your child to speak up at doctor's appointments
- Allow your child to begin seeing the doctor alone for part of the visit

12-14

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Self Awareness/Self Determination

- Student Led IEP
- Build independence with chores
- Teach your child about their health conditions
- Ask the doctor until what age they can see your child
- Discuss with the school team what diploma track your child is on

15-16

Prepare for Transfer of Rights

- Discuss legal/nonlegal options such as Power of Attorney, Guardianship, Healthcare Directives, and Supported Decision-Making
- If on Medicaid make plans to reapply or change Medicaid programs
- IEP team will begin the process of Transfer of Rights
- Ask the school and doctor's office how you as a parent can continue to be a part of the decision-making process

TRANSITION TO ADULTHOOD

Transition out of pediatric health care

- Start transitioning to adult health care doctors
- Be aware of changes in Medicaid coverage
- If on the waitlist for the NOW/COMP waiver then connect with DBHDD to ensure the waiver is funded
- Make plans for what happens after high school
- Connect with Vocational Rehabilitation Services about employment options
- If considering post-secondary options make sure your child meets their eligibility criteria
- If your child has private insurance, check the dependent policy
- Connect with Georgia's benefits navigator regarding working and maintaining government benefits

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Transfer of Rights

- Implement legal options
- Consider applying for SSI
- Start talking about the transition to adult doctors
- Develop an emergency plan
- Maintain medical summaries
- Connect with other agencies like Vocational Rehabilitation Services, DBHDD
- Consider getting involved in community activities

19-21

22+

Adult Life

- Work with Vocational Rehabilitation Services regarding employment
- If approved for the NOW/COMP waiver- establish a new routine in the community
- Complete the Transfer medical records to new healthcare providers