TRANSITION TO ADULTHOOD

Transition Planning
• Think big picture—what does your child want to do after high school
• IEP team develops a transition plan, ensure goals are meaningful
• Find out what pre-employment services your school offers
• Consider including health related goals in the IEP
• Encourage your child to speak up at doctor’s appointments
• Allow your child to begin seeing the doctor alone for part of the visit

Self Awareness/Self Determination
• Student Led IEP
• Build independence with chores
• Teach your child about their health conditions
• Ask the doctor until what age they can see your child
• Discuss with the school team what diploma track your child is on

Prepare for Transfer of Rights
• Discuss legal/nonlegal options such as Power of Attorney, Guardianship, Healthcare Directives, and Supported Decision-Making
• If on Medicaid make plans to reapply or change Medicaid programs
• IEP team will begin the process of Transfer of Rights
• Ask the school and doctor’s office how you as a parent can continue to be a part of the decision-making process

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Transition out of pediatric health care

- Start transitioning to adult health care doctors
- Be aware of changes in Medicaid coverage
- If on the waitlist for the NOW/COMP waiver then connect with DBHDD to ensure the waiver is funded
- Make plans for what happens after high school
- Connect with Vocational Rehabilitation Services about employment options
- If considering post-secondary options make sure your child meets their eligibility criteria
- If your child has private insurance, check the dependent policy
- Connect with Georgia’s benefits navigator regarding working and maintaining government benefits

Transfer of Rights

- Implement legal options
- Consider applying for SSI
- Start talking about the transition to adult doctors
- Develop an emergency plan
- Maintain medical summaries
- Connect with other agencies like Vocational Rehabilitation Services, DBHDD
- Consider getting involved in community activities

18

19-21

22+

Adult Life

- Work with Vocational Rehabilitation Services regarding employment
- If approved for the NOW/COMP waiver, establish a new routine in the community
- Complete the transfer medical records to new healthcare providers

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