



ADULT DISABILITY MEDICAL HEALTHCARE NEWSLETTER

Thank you!



INSIDE THIS ISSUE

- Clinic Highlights
- CDC Recommendations
- Staff Changes and Upcoming Events
- Georgia Gives



THE ADMH RUN FOR HEALTH 2023 RUN WINNERS

<p>OVERALL WINNER MALE: VENANT ABOHFU</p> <p>OVERALL WINNER FEMALE: MIRANDA GROGAN</p> <p>OVERALL WINNER MASTERS MALE: NORMAN WENGER</p> <p>OVERALL WINNER MASTERS FEMALE: KAYCE PEARCE</p> <p>TOP FUNDRAISER: JACOB BOND</p> <p>VIRTUAL 5K WINNER: DAVID FELDMAN</p>	<p>PUSH ASSIST - ATHLETE: ERIKA NORTHPRO</p> <p>PUSH ASSIST - PUSHER: KIP THOMPSON</p> <p>1K 1ST PLACE WINNER: MATSON STEWART</p> <p>1K 2ND PLACE WINNER: MILES LEE</p> <p>TOP TEAM FUNDRAISING: WE HAVE A TIE</p> <p>TEAM CHAIKEN MYRNA'S MIGHTY WALKERS</p> <p>LABOR DAY WINNER: JORDAN STARK</p>
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ADMH RUN FOR HEALTH 2023 SUCCESS:
THANK YOU to our sponsors, participants, and volunteers. Thank you for joining the journey. You help provide healthcare without barriers to our community. The best is yet to come.

ADMH RUN FOR HEALTH 2023 THANKS OUR SPONSORS

A MESSAGE FROM OUR DOCTORS



DR. ANDREA VIDELEFSKY

With the cold and flu season approaching, we encourage you to stay updated with the CDC recommendations throughout this season. Please check with your local pharmacy to schedule your immunizations, and don't delay! Please reach out to us if you have any questions or concerns!



DR. GODFREY MARK

IMPORTANT HEALTH INFORMATION FROM THE CDC

Immunizations to Protect Against Flu, COVID-19 and RSV

Disease	What Products are Available?	Who Should Use These Products?	What Are the Benefits?	Where Can You Access?	More Information
Flu	Updated flu vaccines for 2023-2024 are available, including flu shots and a nasal spray flu vaccine	Everyone six months and older should get an updated flu vaccine. People 65 and older should get a high-dose or adjuvanted flu vaccine, if available.	Flu vaccines reduce the risk of flu illness, severe illness, hospitalization, and death.	Visit https://www.vaccines.gov/ to find a vaccine.	https://www.cdc.gov/flu/prevent/index.html
COVID-19	Updated COVID-19 vaccines are available for 2023-2024.	Everyone six months and older should get an updated vaccine. Some groups may need additional doses to stay up to date.	COVID-19 vaccines are effective at protecting people from serious illness, hospitalization, death from COVID-19; they also reduce the risk of Long COVID.	Visit www.vaccines.gov . There, you can also find providers that are participating in the Bridge Access Program , which provides no-cost COVID-19 vaccines to adults without health insurance and adults whose insurance does not cover all COVID-19 vaccine costs. The Vaccines for Children Program provides vaccines at no cost for eligible children.	https://www.cdc.gov/coronavirus/2019-ncov/index.html
RSV	RSV vaccines	Adults aged 60 and older	Vaccination against RSV can help prevent severe RSV illness, hospitalization, and death.	Talk to your healthcare provider to see if RSV vaccine is right for you.	https://www.cdc.gov/rsv/about/prevention.html Some children aged 8-19 months who are at increased risk for severe RSV may benefit from an additional RSV immunization product.
	RSV vaccine	People who are 32-36 weeks pregnant during RSV season	Vaccination against RSV while pregnant can help protect babies from severe RSV illness, hospitalization, and death.	Pregnant people should talk to their doctor about which option may be best.	
	RSV immunization	Infants entering or born during RSV season	Immunization against RSV from monoclonal antibodies can help prevent severe RSV illness, hospitalization, and death.	Parents and expecting parents should talk to their doctor about which option may be best.	



FIRST THINGS FIRST: UPCOMING WEBINARS

FIRST THINGS FIRST WEBINAR
ADVOCACY TIPS AND STRATEGIES

Josh Norris is an attorney specializing in Disability Rights and Medicaid litigation. His practice is focused on the representation of people with disabilities regarding special needs trusts, the denial of Medicaid eligibility and services, and violations of the Americans with Disabilities Act and the Rehabilitation Act.

Thursday, October 19, 2023
 7:00 pm
 Via Zoom

Register Now

October 19

ADVOCACY TIPS AND STRATEGIES

ADMH FIRST THINGS FIRST WEBINAR
Letter for Intent and Emergency Plan

NOVEMBER 16TH
 7:00 PM

PAT SATTERFIELD

November 16

Letter for Intent and Emergency Plan

To access our previous webinars visit our website for all previous recordings and documents.



GET FIT AND BE HEALTHY:

Our 2023 participants celebrated a wonderful graduation, gaining invaluable knowledge from our program. Exciting news: our 2024 program is on the horizon! Stay tuned for upcoming details.



STAFF UPDATES

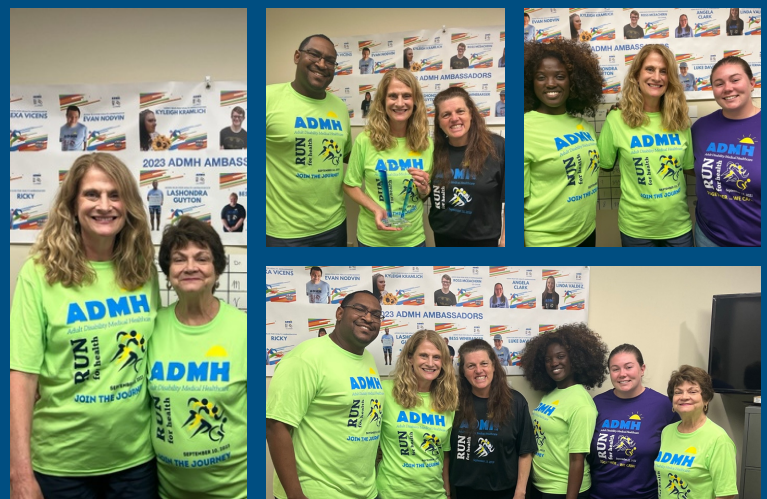
Rebecca Valdez

Rebecca has served ADMH for four years. She started as a volunteer, and quickly became staff. Rebecca, **THANK YOU** for all your hard work and dedication. We are forever grateful for your service to ADMH. Best wishes as you take time to spend time with family. Rebecca will continue to be an occasional volunteer.



Tia Jackson

We are happy to announce our new Clinic Coordinator Tia Jackson. Tia is a wonderful addition to our team. We are so thankful to have you.



EVENTS AND COMMUNITY PARTNERSHIPS HIGHLIGHT

ROTARY CLUB OF ATLANTA METRO

We extend our heartfelt gratitude for your invaluable partnership. Your unwavering commitment to ADMH has not only positively influenced our organization but has left a profound mark on our entire community. With enthusiasm, we look forward to many more years of jointly serving the Atlanta Metro Community.



Community Events

This month we also were able to participate in both the DSAA Buddy Walk and the SPECTRUM Georgia Race for Autism! We had a great time, as these organizations put on spectacular races and we enjoy partnering with them.



October is Down Syndrome Awareness Month

National Down Syndrome Congress

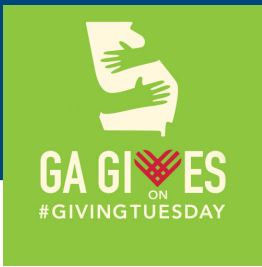
Celebrating Work! We'd like to congratulate Evan Nodvin, age 44 of Atlanta, for three years of hard work and dedication as a kitchen assistant at Canterbury Court, a retirement community in Atlanta Georgia. After being furloughed by COVID from a 20-year job at the Marcus Jewish Community Center of Atlanta, Evan was determined to stay motivated. He has learned many new skills, adapted to COVID protocols, and says he has great bosses and a job coach who keep him on track. Evan says he loves his job, his co-workers, and the residents he gets to see each day. Congrats Evan! #NDSAM #DownSyndrome #DSAM



EMPLOYMENT SPOTLIGHT

Congrats to Evan Nodvin and his accomplishments.

"We have the same wants and dreams as everyone else. We can do anything anyone else can do. We are more alike than we are different."
Manager of Advocacy at the National Down Syndrome Society



WE PUT THE INDIVIDUAL AT THE CENTER OF THE HEALTH TEAM AND PROVIDE PRIMARY AND SPECIALTY CARE

Why ADMH?



GEORGIA GIVES

November 28th

SHARING MATTERS

The season of giving is upon us, just as our community is dealing with rising costs, so are your local nonprofits. There is an increase in demand, and yet a shortage of resources. This makes this year's #GIVINGTUESDAY essential. Please consider giving, sharing, and promoting our campaign.

[HTTPS://WWW.GAGIVES.ORG/ORGANIZATION/ADMHD](https://www.gagives.org/organization/admhd)

HOW CAN YOU HELP?

Share. Share. Share. If you are not following us on social media, please start now! As we post our campaign please share that on your stories and feel free to share on your stories and tag us!

Share our campaign during the month of November.

Share your own story about how ADMH has impacted you or a family member.



LIFE CHANGING EVENTS

The healthcare needs of adolescents and adults with developmental disabilities are often neglected as they transition from pediatric services. Individuals may encounter a variety of health, psychosocial and behavioral conditions as they access adult health and wellness services in their community. People are living longer and individuals with disabilities may face aging issues.

[#GIVINGTUESDAY](#)

DONATE NOW

