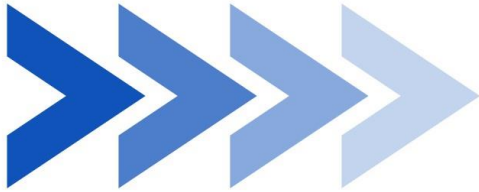




MOVING FORWARD



OUR 2024 WEBINAR SERIES

LIFE PLANNING

Pat Satterfield

ADMH Outreach Education Director

Wellness without Barriers



Our Mission:

ADMH provides comprehensive, coordinated, person-centered healthcare for teens and adults with developmental disabilities. We strive to empower individuals and their families to become advocates for their own health and wellness needs.

What is a Medical Home?



- ❖ a model of primary care that is **patient-centered**, comprehensive, **team-based**, coordinated, accessible, and focused on quality and safety
- ❖ a place where **patients are treated with respect, dignity, and compassion**, and enable strong and trusting relationships with providers and staff
- ❖ a model for achieving **primary care excellence** so that care is received in the right place, at the right time, and in the manner that best suits a patient's needs

Who will Make the Plan?

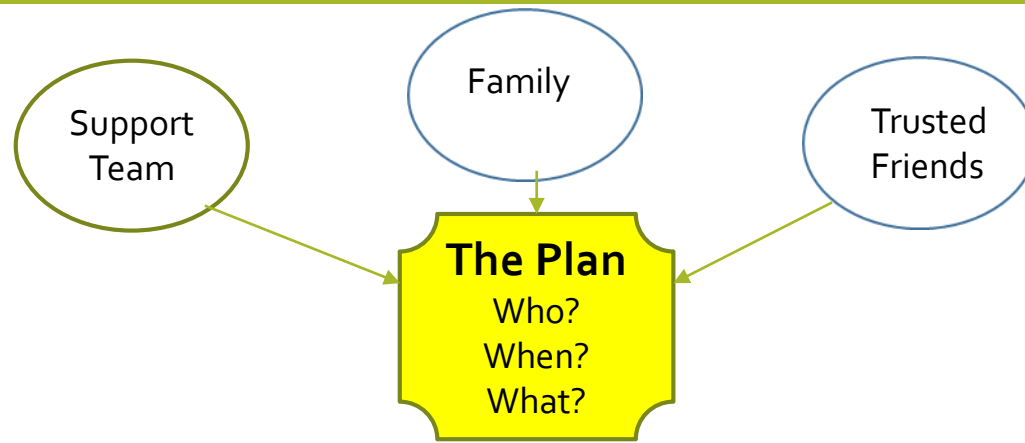
- Parents
- Adult Siblings
- Other family members
- Trusted friends
- Support Team and others who have worked closely with your child



What Should the Plan Include?

- Health, Medical care
- Plan for safety
- Plan for living, learning, working, and playing in the community in which they live
- How to fund this future





| Medical | Funding | Services | Education | Work | Future |
|--------------------|----------------------|--|-------------------------|------------------|--------------------------------|
| Adult Medicaid | SSI/SSDI | Respite, Transportation, Community Access, Nursing, Job coaching | Great Goals for IEP/ISP | Competitive Work | Letter of Intent |
| Adult Medical Team | Family Support Funds | | Technical College | GVRA/WIPA | Guardianship |
| Emergency Plan | NOW/COMP Waiver | Day Program | College | Entrepreneurship | Wills and Special Needs Trusts |
| | Work Income | Residential | | Volunteer | |
| | | | | | Future Home |

What have You Already Addressed?



- SSI/ Adult Medicaid?
- Letter of Intent?
- Emergency Plan?
- Services Your Child will Need?
- Medicaid Waiver?
- More Education?
- Work?
- Future Living Situation?
- Legal Matters?



Vecteezy

Safety, Now and Then

Letter of Intent

“A Good Day”

Biographical Information

Medical history/Surgeries

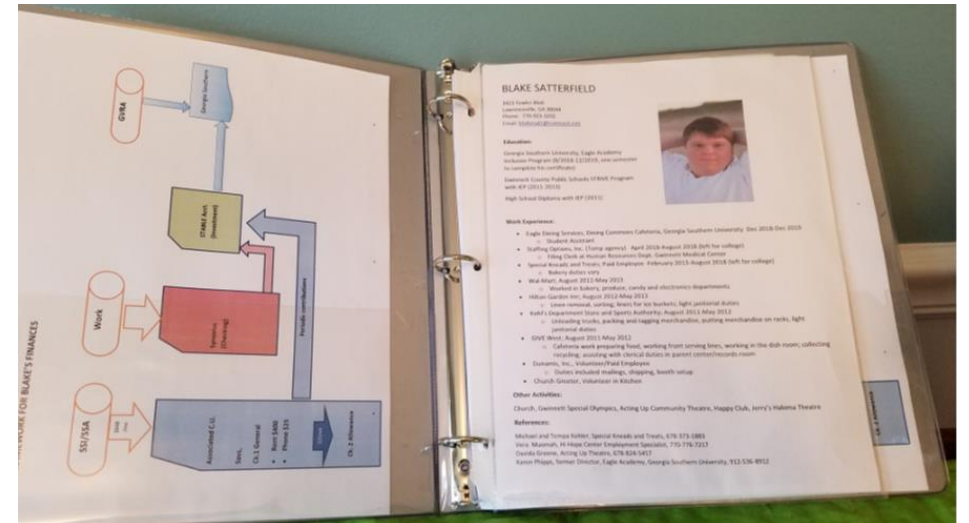
Current doctors and medications

Therapists and Facilitators

Allergies/ Problem Areas

Assistive Technologies/Daily Living Aids

Legal Plans/Financial information



You may want two books – one without legal and financial information....

Emergency Plan: With Them at All Times



- Your son or daughter are in the community. An emergency arises.
- Will your child be able to show a tag or picture on a phone with the information?
- Emergency contacts and phone numbers
- Diagnosis(es) and medication
- Blood type
- Allergies

Annually (or more frequently) complete and share with school staff, family, friends, neighbors, caregivers, police, fire, and rescue professionals.

PERSONAL EMERGENCY PROFILE

DATE: _____

NAME: _____ AGE: _____

ADDRESS: _____

PHYSICAL DESCRIPTION: _____

PLACE PHOTO HERE

TRACKING FREQUENCY # (if applicable)

EMERGENCY CONTACT(S) IF LOST, MAY BE FOUND AT: _____
(Likely places to go)

NAME: _____ PHONE NUMBER: _____

NAME: _____ PHONE NUMBER: _____

RESTRICTIONS (Allergies and diet)

MEDICAL NEEDS (Diagnosis, health concerns)

SIGNS OF ESCALATION (Changes in behavior that show increased or decreased anxiety, anger, etc. Recommendations for do's and don'ts.)

LIKES (Attractions, favorite things, hobbies, interests, foods, drinks, verbal exchanges, etc.)

DISLIKES (Triggers, sensitivities, fears, things to avoid, foods, drinks, verbal exchanges, etc.)

Symbols aid understanding and communication for everyone. Show and point to symbols when talking with a rescued person.

| | | | | | | | |
|-----|-------|------|------|---------------------------|---------------------------|---------------------------|-------------|
| eat | drink | cold | Mom | Dad | call home | go home | deep breath |
| | | | | | | | |
| Yes | pain | safe | lost | Add personal message here | Add personal message here | Add personal message here | No |
| | | | | | | | |

Keep It Simple

The plan should be:

1. **simple** and be able to be **understood at a glance**.
2. **kept in many places** - at home, at school or community-based program, and on the individual (i.e. phone or clothing tag).
3. **Do not include Social Security information or insurance information, in case the phone or tag is lost.**



If I Need Help.org

- Help when a loved one wanders off or there is an emergency situation
- QR code – based app
- Developed by a family who understands the great need for this
- QR code stores all of the emergency information and you can buy stickers with the QR code to put on seat belt, backpacks, etc.
- Upcoming webinar on this!!



Medicaid Waiver



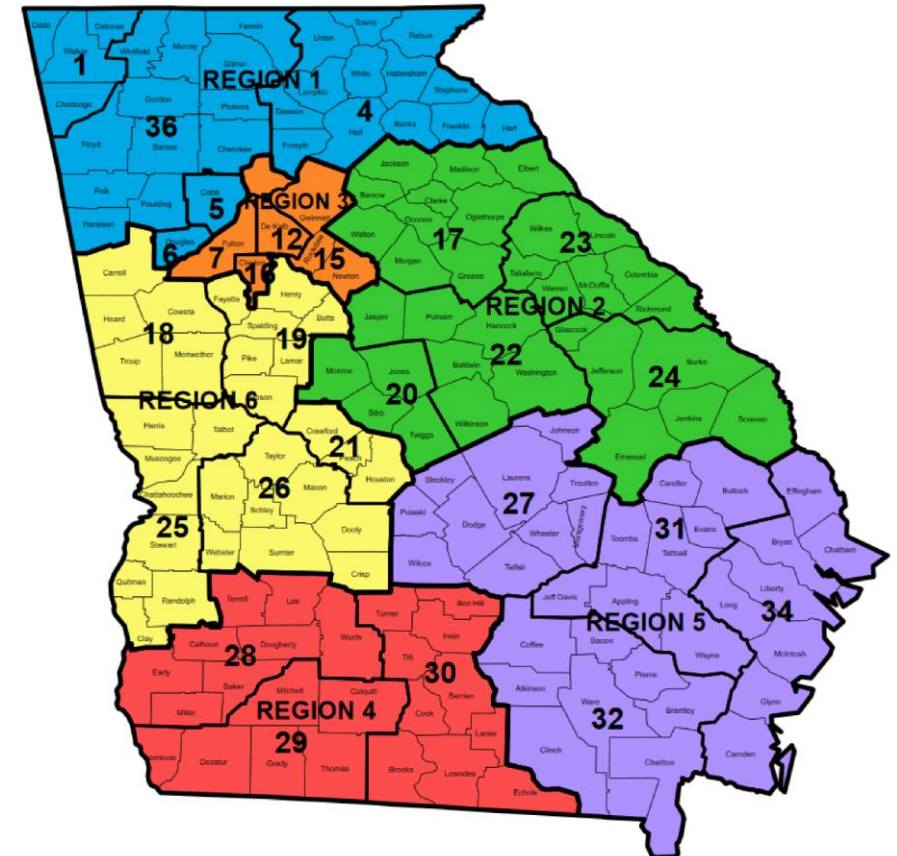
Medicaid waivers are handled by the Department of Behavioral Health and Developmental Disability – DBHDD. This is a separate agency from Department of Family and Children Services, which handles Medicaid for the state.

Once you have qualified for Medicaid, you can apply for a Medicaid waiver. This funding will help your loved one to have the services they need for their best life. That could be a wide variety of things from diapers to a job coach or living independently. Apply in your region of the state.

DBHDD Regions

A screenshot of a web browser displaying the website dbhdd.georgia.gov/regional-field-offices. The browser's address bar and tabs are visible at the top. The website header includes the Georgia Department of Behavioral Health and Developmental Disabilities logo and name, along with social media icons for Facebook, X, and LinkedIn. The main content area is divided into two columns. The left column, titled "How can we help?", contains two sections: "CALL US" with a phone icon and contact information (Primary: (404) 657-2252, All Contacts), and "CONSTITUENT SERVICES FORM" with a speech bubble icon and a link to "Contact Constituent Services". The right column, titled "Our Services", lists "Behavioral Health Services", "Developmental Disability Services", and "Hospital Services". Below this is a "Non-Discrimination Notice" section. The Windows taskbar is visible at the bottom of the screenshot, showing the time as 4:12 PM on 4/10/2024.

<https://dbhdd.georgia.gov/regional-field-offices>



To Qualify for a NOW/COMP Waiver

- Have a diagnosis of an intellectual disability prior to age 18 and/or a closely related developmental disability, such as severe forms of cerebral palsy, epilepsy, or autism prior to age 22;
- Have significant deficits in adaptive functioning in specific areas; and
- Require the level of care provided in an intermediate-care facility for people with intellectual disabilities.



How to Apply for a Medicaid Waiver



- Visit the Georgia Collaborative ASO website to access the Individuals IDD Connects portal in order to apply for I/DD NOW/COMP Waiver services.
- There is a 25-minute instructional I/DD Online Individual Application video to provide assistance in completing the application process.
- Create an Individual IDD Connects account to begin the application process. There is a User Guide available to assist in creating your account at the link above.

Paper application is available.
https://s18637.pcdn.co/wp-content/uploads/sites/15/IDD-DD-Waiver-App-Locked2019.11.26_.pdf

Gather These Before You Start

- Proof of citizenship (birth certificate)
 - Social Security and Medicaid cards
 - Relevant psychological reports and/or documents from schools or other intermediate care facilities (IEPs, Medical Information about Diagnosis(es), Behavior plans, etc.)
- <https://georgia.gov/apply-new-option-waiver-program-now-and-comprehensive-support-waiver-program-comp>



Wikipedia

Family Support Funds

- Families must complete an Application for Family Services
- Complete the Family Support Agreement.
- Provide supporting documentation of the identified developmental disability. Supporting documentation includes documents that indicate the individual has been diagnosed with a developmental disability, including:
 - DD Intake and Evaluation Assessment through a DBHDD Regional Office
 - Psychological Evaluation
 - School IEP
 - Medical Verification of ID/DD by a Physician
 - Social Security Disability



You will find a list of providers for Family Support Funds in each region at the link below.

<https://dbhdd.georgia.gov/be-compassionate/home-services/family-support-services>

Family Support Funds

- Family Support Coordinators work with families to develop Individualized Family Support Service Plans. Some of the services might include:
 - Information and referral.
 - Assistance in identifying needs.
 - Advocacy to obtain needed services or benefits.
 - Assistance locating and acquiring services such as:
 - Respite Services
 - Social/Recreational Activities
 - Family Education
 - Special medical equipment, diets, clothing, and personal care items
 - Other services and supports unique to each family's needs



They want to keep families together!

<https://dbhdd.georgia.gov/be-compassionate/home-services/family-support-services>

Legal Documents

Guardianship

A guardianship is created in a probate court where the individual lives. The guardianship case begins when someone who believes that an adult needs a guardianship files a document with the court called a petition. After the petition is filed, the court follows a process to decide if a guardianship should be created. You do not have to have an attorney, but it can be helpful.

Petition • Consent to Criminal Background Check • Evaluation by Court-Appointed Evaluator • Hearing for the Appointment of a Guardian and Conservator

Wills

Because you need to protect the future access of your loved one to government benefits, you will need a lawyer that is fully informed on how to write the will. Remember the asset limit for Medicaid is only \$2000.

Legal Documents

Special Needs Trust

A special needs trust is set up to provide a place for secure financial assets for the future of your loved one. This is a document that is set up by an attorney that is familiar with protecting the assets of an individual with a developmental disability. Unlike a STABLE account, assets cannot be removed from the trust by Medicaid if the individual should pass away.

Once the trust is funded, there will need to be a trustee who manages it and makes sure that the taxes are paid, if any are due. Property, money, etc. can be placed in the trust and government benefits will be protected.

Some families set up the trust to be funded by life insurance upon their passing, thereby putting off the need for a trustee and taxes until needed.

GA STABLE www.gastable.org




- An Able account is a modified 529 plan.
- Money in the account can be used for anything that increases the quality of life for the individual account owner.
- It allows families to save for larger expenses without going over the \$2000 asset limit for Medicaid!
- Money in an Able account can be invested to increase the assets.
- If you are working, you can put more money in each year.
- An Able account has a limit of \$100,000. If you get this much in the account, you will lose your Medicaid.
- It is super easy to apply!
- It will pay for any final expenses for the account owner.
- Any money remaining in the account is subject to having Medicaid come back to reclaim.

GA Vocational Rehabilitation Agency


<https://gvs.georgia.gov/>



Vocational
Rehabilitation
Services →



Transition
from School to
Work →



Sensory
Services →

Inclusive Postsecondary Education



There are 9 Post-secondary programs in Georgia!

You can visit and then apply to the program that you think will be best for your son or daughter.



Destination Dawgs
Institute on Human Development and Disability
UNIVERSITY OF GEORGIA



<https://gcdd.org/about/105-general-content/3056-inclusive-post-secondary-education-ipse.html>

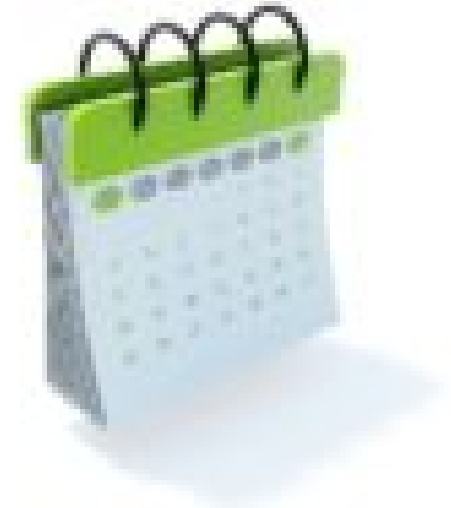
Parent to Parent of GA



Database of
Providers



Roadmap to Success



Training
Calendar

ADMH Run for Health 2024 Our 10th Anniversary!

Brook Run Park
September 15th

