



TRANSITION POLICY

The Adult Disability Medical Home is committed to helping our patients become better prepared for transitioning from a pediatric-based to an adult model of healthcare. We provide care within the framework of a Patient Centered Medical Home, working as a team and placing the individual at the very center of his/her healthcare needs. The transition process is focused on patients between the ages of 12 and 26.

Between ages 12-14, we will begin to spend time during the visit without the parent or caregiver present in order to answer questions, develop a rapport, set health goals and support increasing independence for the individual with his or her own health care.

At age 18, individuals reach the age of majority and legally become adults. We respect that many of our teens and young adult patients choose to continue to involve their families in healthcare decisions. However, we will no longer discuss care with parents or share any personal health information without the young adult's written consent. To allow others to be involved in health care decisions will require that our consent form be completed. An exception to this policy is if the individual already has a declared guardian in place.

As part of the transition process, we encourage consideration of supported decision making for any adolescent/young adult who has a medical diagnosis that prevents him/her from making independent decisions. We encourage patients and families to begin working on various aspects of their healthcare and long term goals for adulthood. Such issues include developing a medical plan, an emergency plan, ensuring healthcare coverage options, legal guardianship, healthcare power of attorney, educational plans and vocational/job options and residential options.

Your health and wellness is important to us. If you have any questions, concerns or suggestions, please feel free to contact us.

The Adult Disability Medical Home, Inc.